

CHAPTER 1 - The Origins of Nursing

1. Which of Florence Nightingale's nursing principles is still practiced today?
 - A) The nurse's role is defined by the physician's orders.
 - B) The nurse's primary role is to spend time caring for others.
 - C) The nurse is viewed as an independent healthcare provider
 - D) The nurse is tasked with the responsibility of keeping the environment clean.

2. What contribution did Roman Matron Phoebe make to the origins of nursing?
 - A) Established first gerontological facility
 - B) Was the first deaconess and visiting nurse
 - C) Established inns and hospitals for pilgrims
 - D) Was the namesake of the first free hospital in Rome in 390 AD

3. What contribution did Roman Matron Saint Marcella make to the origins of nursing?
 - A) First to teach nursing skills
 - B) Was the first deaconess and visiting nurse
 - C) Established inns and hospitals for pilgrims
 - D) Was the namesake of the first free hospital in Rome in 390 AD

4. In what time period were monastic orders established to care for the sick?
 - A) 500 BC
 - B) 460 BC
 - C) First century
 - D) Second century

5. Which nursing programs were established on the basis of the Nightingale plan? Select all that apply.
 - A) Kaiserswerth School for Nursing
 - B) Bellevue Hospital School of Nursing
 - C) Connecticut Training School in New Haven
 - D) Boston Training School at Massachusetts
 - E) St. Thomas Hospital in London

6. A beginning nursing student asks about the principles taught by the Nightingale Nursing School. What should the nurse's answer include? Select all that apply.
 - A) Cleanliness is vital to recovery.
 - B) Cure is better than prevention.
 - C) The nurse must work as a member of a team.
 - D) The nurse should be healthy in both mind and in body
 - E) The nurse must use discretion, but must follow the physician's orders.

7. A student nurse is interested in knowing some of the Nightingale School's innovation in the field of nursing. What should the nurse's response include?
- A) Establishment of a nurses' residence
 - B) Records of school employment before graduation
 - C) Exit examinations and academic and personal requirements, including a character reference before working
 - D) Records of each student's progress that was later known as the "Henderson plan," a model for current nursing programs
8. A nursing student asks about the significance of the Nightingale lamp. What is the symbolism attached to this image?
- A) Warmth of caring
 - B) Nursing education
 - C) Energy of the nurse to heal others
 - D) Commitment of the nurse to heal others
9. Which interventions did Nightingale insist upon, that immediately served to reduce the mortality rate during the Crimean War? Select all that apply.
- A) Securing more funds and support
 - B) Establishing sanitary conditions
 - C) Providing quality nursing care
 - D) Increasing the available nurses
 - E) Procuring more medication
10. What contribution did Isabel Hampton Robb make to the development of nursing in the United States?
- A) Founded the school of nursing at Johns Hopkins University
 - B) Moved nursing from menial work to an honored profession
 - C) Organized the school of nursing at Massachusetts General Hospital
 - D) Founded American public health nursing
11. What contribution did Lillian Wald make to the development of nursing in the United States?
- A) Founded the American Red Cross
 - B) Founded American public health nursing
 - C) Superintendent of female nurses during the Civil War
 - D) Organized the school of nursing at Massachusetts General Hospital

12. What contribution did Mary Adelaide Nutting contribute to the development of nursing in the United States?
- A) First nurse to be on a university staff
 - B) Founded American public health nursing
 - C) Founded the school of nursing at Johns Hopkins University
 - D) Organized the school of nursing at Massachusetts General Hospital
13. Which practical nursing school was established first?
- A) Thompson Practical Nursing School in Brattleboro
 - B) Young Women's Christian Association (YMCA)
 - C) Household Nursing Association School of Attendant Nursing
 - D) American Red Cross
14. Which pioneer nursing school began as a result of Richard Bradley's determination that the local citizens needed nursing service?
- A) Thompson Practical Nursing School in Brattleboro
 - B) Young Women's Christian Association (YWCA)
 - C) Household Nursing Association School of Attendant Nursing
 - D) American Red Cross
15. What types of programs would an individual interested in pursuing a degree in practical nursing commonly enroll for this type of training? Select all that apply.
- A) Local university
 - B) A public college
 - C) Vocational school
 - D) A public high school
 - E) Community college
16. A nurse educator is discussing the role of nurses during World War II with a group of new nurses in an army hospital. A new nurse asks about the impact of World War II on nursing. What should the registered nurse's response include?
- A) "World War II had equal rank assigned to male and female nurses."
 - B) "World War II reduced the role of nurses in healthcare centers."
 - C) "World War II started recruitment of men as well as women into nursing."
 - D) "World War II marked the first emergency training of nurses."

17. When were male nurses given ranking equal to female nurses in the armed forces?
- A) Civil War
 - B) World War I
 - C) World War II
 - D) Korean War
18. When considering the current trend of home care in the 21st century, what trends are expected to influence the nursing profession?
- A) Lower acuity in hospital and long-term care settings
 - B) Shift to community-based care
 - C) Lifestyle factors and shorter life expectancy
 - D) Nursing education emphasizes service to clinical sites over education
19. A newly graduated practical nurse asks the registered nurse (RN) about the impact of the women's movement on present-day nursing. What should the RN's response include?
- A) "It has no impact; nurses still provide only primary care."
 - B) "It encourages nurses to work in a more collaborative manner."
 - C) "It allows nurses to work without having to report to primary care providers."
 - D) "It encourages nurses to work independently."

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20. Considering current trends that are expected to influence the nursing profession in the 21st century, which factors create a need for community-based nursing care? Select all that apply.
- A) Homeless, unemployed, or underemployed individuals
 - B) Many people have limited health insurance
 - C) Medical management of acute illness
 - D) New advanced technology
 - E) Extended life expectancy
21. A nurse is caring for a client with terminal cancer at the client's home. Why should the nurse put greater emphasis on teaching with the family members taking care of the client?
- A) Family members may have to manage the patient-controlled analgesia pump to manage the client's pain.
 - B) Family members are expected to provide primary healthcare.
 - C) Family members are required to understand the advanced levels of nursing care.
 - D) Hospital stays may need to be decreased in both frequency and length.

22. There are current trends that are expected to influence the nursing profession in the 21st century. Which among the current trends have been the most influential for the nursing profession? Select all that apply.
- A) Autonomy
 - B) Changes in nursing education
 - C) Technology
 - D) Lower acuity among hospital clients
 - E) Increased acuity among long-term care clients
23. Nursing insignia, uniforms, and the nursing school pin have importance in the field of nursing. Which are religious symbols represented in nursing? Select all that apply.
- A) An open Bible
 - B) Star of David
 - C) Maltese Cross
 - D) A Christian Cross
 - E) The Nightingale lamp
24. A licensed nurse has been asked to address a group of newly recruited nurses. What should the licensed nurse inform them about the nursing uniform?
- A) Donning a formal nursing uniform is necessary when giving nursing care.
 - B) Wearing a nursing school pin is a required part of the nursing uniform.
 - C) Wearing a nametag is a required element of the uniform when giving nursing care.
 - D) The presence of a nurse in a uniform often makes a client uncomfortable
25. What was the impact of World War I on nursing?
- A) First emergency training of nurses
 - B) Isabel Hampton Robb wrote the nursing curriculum
 - C) The Navy School of Nursing was established
 - D) Hundreds of men were trained in this abbreviated program

Answer Key

1. B
2. B
3. A
4. C
5. B, C, D
6. A, C, D, E
7. A
8. B
9. B, C
10. A
11. B
12. A
13. B
14. A
15. C, E
16. C
17. D
18. B
19. B
20. A, B, D, E
21. A
22. A, B, C, E
23. A, B
24. C
25. A