

Test Generator Questions, Chapter 1, Exploring the Growth of Nursing as a Profession

1. Which historical images impeded the development of nursing as a profession?

Select all that apply.

- A. Religious
- B. Servant
- C. Folk
- D. Ancient
- E. Social

Answer: A, B, C

Rationale: Nursing has carried forward three heritages from the past that some believe impeded the development of nursing as a profession. They are the folk image of the nurse brought forward from primitive times, the religious image of the nurse inherited from the medieval period, and the servant image of the nurse created by the Protestant-capitalist ethic from the 16th to 19th century. Although ancient cultures developed medicine as a science and a profession, writings about early healthcare make little or no mention of nursing or nurses. Ancient images make no mention of nursing or nurses. Social image is not identified as a historical image of nursing.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 1

Page and Header: 4, History of Healthcare and Nursing

2. Which principles **best** describe Florence Nightingale's beliefs about the nursing

profession? Select all that apply.

- A. Caring
- B. Lifelong learning
- C. Improved conditions for clients
- D. Theory-based curriculum for students
- E. Voluntary nursing teachers
- F. Physician-based nursing curriculum

Answer: A, B, C, D

Rationale: Florence Nightingale believed that nurses should spend their time caring for clients, not cleaning, and nurses must continue learning throughout their lifetime. The curriculum would include both theoretic material and practical experience. Teachers would be paid for their instruction. The school matron would have final authority over the curriculum, living arrangements, and all other aspects of the school.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 2

Page and Header: 6, The Nightingale Influence

3. Which recommendation **best** describes the findings of an 1869 report by the American Medical Association regarding nursing education?
- A. Every large hospital should have a nursing school.
 - B. Schools should be under the national medical society.
 - C. Nurses should be recruited from shelters.
 - D. Nurses should provide most of the workforce for hospitals.

Answer: A

Rationale: In 1869, the American Medical Association established a committee to study the issue of training for nurses. Its report concluded that every large hospital should have a nursing school and recommended that schools be placed under the guardianship of county medical societies. Although nurses were often recruited from shelters in the early 1800s, this was not included in the report. The report did not describe workforce for hospitals.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 3

Page and Header: 9, The Establishment of Early Schools

4. Which factors **best** describe characteristics of early nursing schools around the turn of the century? Select all that apply.
- A. Promoted religious image of the nurse
 - B. Largely considered an apprenticeship
 - C. Lacked standardized curriculum
 - D. Students commuted long distances
 - E. Attrition rate was low

Answer: A, B, C

Rationale: Nursing students were expected to be unselfish, thinking not of themselves but of the happiness and well-being of others. This is in keeping with the "religious image" of the nurse. Initially, nursing education was largely an apprenticeship and resulted in students providing much of the workforce of hospitals. There was no

standardization of curriculum and no accreditation. Although some of the early programs provided sleeping quarters in the hospital, nursing students usually were housed in a building next to the hospital. The attrition rate was high in the early schools.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 3

Page and Header: 10, Characteristics of the Early Schools

5. A nursing student is reading about military influences that brought about significant changes in nursing. Place these influential events in order of occurrence?
- A. Administration of small pox vaccinations
 - B. GI Bill enacted
 - C. Development of The Red Cross
 - D. Invention of ambulances

Answer: A, D, C, B

Rationale: The American Revolution saw the development of dispensaries with the Philadelphia dispensary being the first place to vaccinate against small pox as preventative medicine. The Civil War saw the invention of ambulances and was instrumental in the development of nursing. The Red Cross was born during the Spanish-American War. The GI bill came into existence at the end of World War II and made it possible for many nurses to enter bachelor and master's degree programs after serving with the military.

Question Format: Ordered Response

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 4

Page and Header: 13, The Military Influence

6. The nurse is conducting an in-service that describes the primary difference between nursing and medicine. Which **priority** concept should be included?
- A. Caring framework
 - B. Professional opportunities
 - C. Degree of specialization
 - D. Curative treatment

Answer: A

Rationale: Nursing is concerned with caring for the person from a holistic perspective in a variety of health-related situations. The caring aspects of nursing are well documented in nursing literature (Benner & Wrubel, 1989; Bevis & Watson, 1989; Carper, 1979; Watson, 1979). We think of medicine as being involved with the cure of a client and nursing with the care of that client. Professional opportunities and degree of specialization are not priority concepts in this scenario.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 6

Page and Header: 15, Distinguishing Nursing From Medicine

7. Which **priority** information should be included during an in-service about the legal

definition of nursing?

- A. Provides foundation and guidelines for practice
- B. Identifies approved nursing frameworks
- C. Outlines major criteria for a profession
- D. Governs collective bargaining

Answer: A

Rationale: Perhaps nothing so affects the definition of nursing as its legal definition found in each state's nursing practice act. This legal definition is critical because it provides the foundation and guidelines for education, licensure, scope of practice, and, when necessary, the corrective actions against people who violate the practice act. The legal definition does not identify nursing frameworks or outline the criteria for a profession. Collective bargaining is not mentioned in the legal definition of nursing.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Communication and Documentation

Learning Objective: 8

Page and Header: 15, Distinguishing Nursing From Medicine

8. The nursing student is preparing for graduation. Which ceremony is **most** likely to occur?
- A. Pinning
 - B. Capping
 - C. White coat
 - D. Uniform

Answer: A

Rationale: Primary among these are the capping and the pinning ceremonies. Few schools have capping ceremonies today because most nurses and nursing students no longer wear caps. The second traditional ceremony in nursing, the pinning, was of even greater significance and is continued by many schools today. The pinning heralded the completion of the program. The white coat and uniform ceremonies are not traditional nursing ceremonies.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 9

Page and Header: 22, Traditions in Nursing

9. The nursing student is researching the current nursing shortage. Which **priority** factors should be included? Select all that apply.
- A. Retention
 - B. Work environment
 - C. Baby boomers
 - D. Number of males in profession
 - E. Increased clinical space

Answer: A, B, C

Rationale: Another aspect of any nursing shortage is the retention of current nurses. Some states have identified that there are a large number of RNs not currently working in the profession. Many experts have pointed to working conditions such as mandatory overtime, heavy workloads, and lack of respect in the workplace as reasons for people leaving. Another concern centers on the fact that members of the baby boom generation are beginning to enter their senior years, thus increasing the

need for nurses in the healthcare system. The percentage of male nurses has increased, but this is not a cause for concern in the nursing shortage. Limited clinical space (not increasing clinical space) is one cause for the nurse shortage.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 10

Page and Header: 26, The Image of Nursing Today

10. The Council on Nurse Education and Practice focuses primarily on which factors?

Select all that apply.

- A. Enhancement and composition of the workforce
- B. Promotion of interdisciplinary care delivery
- C. Financing and delivery of nursing service
- D. Supply of educationally prepared nursing faculty
- E. Limited number of spaces in nursing schools

Answer: A, B, C

Rationale: To provide advice and recommendations to the Secretary of Health and Human Services and Congress on policy matters relating to the nursing work force, the National Advisory Council on Nurse Education and Practice (NACNEP) was established. This group focuses on "support of nursing education and practice, which include enhancement of the composition of the nursing workforce, improvement of the distribution and utilization of nurses to meet the health needs of the Nation, expansion of the knowledge, skills, and capabilities of nurses to enhance the quality of nursing practice, development and dissemination of improved models of organization, financing and delivery of nursing services and promotion of interdisciplinary approaches to the delivery of health services particularly in the context of public

health and primary care" (HRSA, n.d.).

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 10

Page and Header: 26, The Image of Nursing Today

11. Which factors **best** describe nursing in ancient culture? Select all that apply.

- A. Sickness believed to be caused by evil spirits.
- B. Health rules part of religious codes.
- C. Sound theory of disease was absent.
- D. Nursing mentioned in early writings.
- E. Formal nursing originated 300 years ago.

Answer: A, B, C

Rationale: Throughout ancient times, suffering and sickness were believed to be caused by evil spirits. Health rules were often part of the religious codes, which gave them authority. A sound theory of disease was absent from most early cultures. Although ancient cultures developed medicine as a science and a profession, writings about early healthcare make little or no mention of nursing or nurses. While nursing as we know it today may go back less than 150 years, the early origins of nursing, like those of medicine, are intertwined with the ancient civilizations and cultures of the world.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 2

Page and Header: 4, History of Healthcare and Nursing

12. Florence Nightingale changed the approach to public health measures. Which public health measures were instrumental in improving health during the late 1800s? Select all that apply.

- A. Basic hygiene
- B. Constructing hospitals
- C. Wholesome food
- D. Recording health statistics
- E. Nursing education

Answer: A, B, C

Rationale: When the war ended in 1856, Florence Nightingale returned to England as a national heroine. Her next major project involved working to change the entire approach to health for the British soldier. These activities included constructing hospitals and improving basic hygiene and public health measures for the army. Her focus was on providing cleanliness, wholesome food, fresh air, and separation of people from garbage and sewage both for living environments and for hospital construction (Fig. 1.2). These simple public health measures were revolutionary in the late 1800s.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Nursing Process

Learning Objective: 2

Page and Header: 26, The Image of Nursing Today

13. Which statement accurately describes the development of a definition for the term *nursing*?

- A. Nurses cannot agree on a single definition of nursing.
- B. Researchers can pinpoint the period in history when nursing first evolved.
- C. Nursing is pursued primarily through theoretical concepts.
- D. A clear distinction is made between nursing and medicine.

Answer: A

Rationale: Over the years, the profession has worked at establishing a definition of nursing; however, nurses themselves cannot agree on a single definition. There is no particular date or time period when nursing came into being. A major factor that has made it difficult to define nursing is that it is taught as encompassing both theoretic and practical aspects, but it is pursued (and continues to be defined) primarily through practice (not theory) until recently a little-studied area. The formulation of clear and concise definitions of nursing also has been hindered by the lack of an obvious distinction between nursing and medicine.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 2

Page and Header: 14, Developing a Definition for Nursing

14. The nurse is documenting nursing interventions using a comprehensive, standardized language. Which of the following systems **best** demonstrate this documentation?

- A. Nursing Interventions Classification (NIC)
- B. NANDA International (NANDA-I)
- C. Nursing Outcomes Classification (NOC)

D. The Omaha System

Answer: A

Rationale: Started in 1996 at the University of Iowa, the Nursing Interventions Classification (NIC) is a comprehensive, standardized language that describes actions that nurses perform in all settings and in all specialties and includes both physiologic and psychosocial interventions. NANDA-I and NOC provide standardized language for nursing diagnoses and outcomes. The Omaha System was designed as a three-part, comprehensive yet brief approach to documentation and information management for multidisciplinary healthcare professionals who practice in community setting.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Communication and Documentation

Learning Objective: 12

Page and Header: 14, Developing a Definition for Nursing

15. Which factors influence the need for a special and unique language for the nursing profession? Select all that apply.

- A. Evidence-based decision-making
- B. Guide clinical decisions
- C. Manage information
- D. Historical data
- E. Cost of data storage

Answer: A, B, C

Rationale: For many, the development of a special language for nursing is an exciting new development. Structured nursing vocabularies allow nurses to use the acquired

information to guide evidence-based clinical decisions, manage information in an electronic format, retrieve information for research, and compare clinical outcomes across settings. It also provides a common means of communication (Box 1.2). Historical data and cost are not influential factors in the development of specialized nursing language.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 12

Page and Header: 31, Defining a Language for Nursing

16. The number and size of nursing schools in the United States grew significantly in the years of the early 20th century. Which influences, or expectations, **best** describe the characteristics of these schools?
- A. Religious devotion and subservience to authority
 - B. A thorough knowledge of anatomy
 - C. Critical thinking, assertiveness, and autonomy
 - D. An understanding of the holistic care

Answer: A

Rationale: The strong militaristic and religious influences over nursing were embodied in the expectations held for nursing students. The nurse in training was expected to yield to the superiors and demonstrate the obedience characteristic of a good soldier with actions governed by the dedication to duty derived from religious devotion (Kalisch & Kalisch, 2004). These expectations superseded the importance of critical thinking, scientific knowledge, or the holistic nature of health.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 12

Page and Header: 10, Characteristics of the Early Schools

17. Which of the following events contributed **most** to the development of the nursing profession?

- A. Decreased mortality rates during war time
- B. Public funding for the treatment of disease
- C. Increased understanding of infection control
- D. Physicians who were willing to train nurses

Answer: A

Rationale: The death and disease that accompanied conflicts such as the Crimean War and the Civil War provided the impetus for much of the development of the nursing profession. Nursing did not primarily grow out of the availability of a female workforce, public funding for health, or increased scientific knowledge.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 4

Page and Header: 6, The Nightingale Influence

18. Which of the following skills is **most** essential and needed for successful nursing performance?

- A. Critical thinking

- B. Autonomy
- C. Understanding of nursing theory
- D. Recognition of prescriptive authority

Answer: A

Rationale: Critical thinking skills are essential to the successful performance of the diverse tasks expected of a nurse. Nurses in many positions have been required to assume ever-greater levels of responsibility. Although autonomy, an understanding of nursing theory, and recognition of prescriptive authority are important skills for nursing, appropriate client care is dependent on the nurse's ability to use critical thinking. Only recently are nurses beginning to receive the official authority, autonomy, and recognition that should accompany those responsibilities.

Question Format: Multiple Choice

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 5

Page and Header: 16, Influences on the Definition of Nursing

19. Which of these characteristics identify nursing as a profession when applied to sociologic literature? Select all that apply.

- A. Educational preparation
- B. Code of ethics
- C. Service to the public
- D. Prescriptive authority
- E. Stress and burnout

Answer: A, B, C

Rationale: From approximately the 1950s through the 1970s or mid-1980s, nursing periodically was reviewed against the **characteristics of a profession** that had been established in the sociologic literature. Nursing programs are offered in universities and colleges; the *ANA Code of Ethics* sets standards of ethical nursing practice; there is no question that the nursing profession provides a service to the public, which was identified by Nightingale. This set of characteristics corresponds to those being used by the American Association of Colleges of Nursing (AACN) when they refer to “**professional**” nursing as requiring a baccalaureate degree in nursing or higher. Prescriptive authority is not a criterion for the profession. Stress and burnout are symptoms but do not define characteristics of professional nursing.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 5

Page and Header: 19, Characteristics of a Profession

20. Which factors have contributed to the long-term shortages of nurses? Select all that apply.

- A. Aging workforce
- B. Career changes
- C. Clinical space
- D. Increasing faculty numbers
- E. Decreased program funding

Answer: A, B, C

Rationale: A number of factors are suggested as contributing to the long-term shortfall of RNs. First of all, nurses are getting older. In the United States, the nursing workforce has grown faster than the growth of the U.S. population, but one-third of

nurses are over the age of 50, with many anticipating retirement within the next decade (HRSA Health Professions, 2013). New nurses often enter nursing as a career change in midlife. They will have fewer years in the profession than those who entered as young adults. Nursing schools turn away qualified applicants due to a lack of clinical space and insufficient faculty. Program funding is not a main factor in long-term nursing shortages.

Question Format: Multiple Select

Chapter: 1

Cognitive Level: Apply

Client Needs: Safe and Effective Care Environment: Management of Care

Integrated Process: Teaching/Learning

Learning Objective: 10

Page and Header: 26, Nursing's Image and the Nursing Shortage